**Health Syllabus**

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**Brief Bio:** I am not new to teaching and have a wealth of experience in Elementary, Middle, and High School. I am excited to be your teacher, and I am sure that you will learn a lot about being healthy and physically fit in my class. I am married and have 2 children whom you will hear a lot about in my class. We also have a small dog name Diva. My desire is that you will develop the knowledge and skills necessary to become healthy adults.

**Supplies:** Small Binder, dividers, pen, pencil, and paper. You are not required to check out a Health book. I will have a class set in my classroom, and you may access the online textbook as well.

How to retrieve the High School Glencoe Health textbook online:

* Go to [www.glencoe.com](http://www.glencoe.com)
* At the bottom choose TX as the state
* User? Choose teacher or student/parent
* Subject? Choose Health Fitness
* Click enter

Next page:

* Click on High School Health
* Choose or click on Glencoe Health 2005

Next page:

* Click on Online Student Edition
* User name: HEALTHTX05 (case sensitive)
* Password: thi5xla8 (case sensitive)
* Click submit
* The textbook should download

**Classroom Rules:**

1. Be in the classroom and in your seat before the tardy bell rings.
2. Bring your supplies to class **EVERY DAY!**
3. Ask permission **before** speaking out loud or getting out of your seat by raising your hand.
4. Treat your classmates and I with respect at **all** times.
5. Do not disturb the class at any time.
6. No food or drink will be allowed in the classroom.
7. No cell phone usage during class unless it involves a lesson and is approved by me.

**Grading Policy:**

1. The Fort Bend ISD grading policy will be followed (3 major grades and 11 daily grades)

Daily Grades: Warm-ups, Binder Checks, Writing Assignments, Classwork, and Quizzes

Major Grades: Chapter Tests, Current Events, and Projects

1. The students are required to keep a Binder for my class which will include all of the assignments that have been given. The Binder will be checked throughout the 9 weeks for a daily grade. Tabs include: Warmups/Notes, Worksheets/Packets, Quizzes, Tests, and Current Events/Projects.

**Current Events:**

Students will be required to find an article from a newspaper, magazine, or internet related to health or fitness to share with the class. They will write a summary of their article stating their opinion of the topic.